

Texas A&M AgriLife Extension—Zapata County 2020 A Year in Review

FOREWORD: This document is being provided to you to highlight some of the educational programs, services and opportunities afforded to the people of Zapata County. These efforts would not be possible without the support of The Zapata County Commissioners Court. Thank you for all that you do in support of the Texas A&M AgriLife Extension Service in Zapata County. This is only a highlight of some of the programs and activities conducted during 2020. There are many other events not included.

January: Zapata CISD Walk Across Texas Teacher Team Captain training. All six ZCISD campuses participated in the Walk Across Texas program. A total of 2,051 youth participated and a total of 247 employees participated. Youth walked a total mileage of 43,193.78 and adults walked a total mileage of 41,188.37 miles.





February: Provided a Path to the Plate Youth Expo in collabora-

tion with Zapata CISD. 8 HST Youth Ambassadors provided presentations on different commodities. 350 ZCISD youths participated ranging from 5th grade, 8th grade, Ag and Culinary students.

March: Provided a Farm Day in collaboration with Zapata High School FFA students. 300 ZCISD elementary school students participated. 100 4-H youth participated at the annual Zapata County Fair with over \$200K raised at the auction.





April: Ag Agent hosted and participated in the Annual Ag Symposium.

Health Agent provided physical activity demonstration videos via Facebook and with HST Youth Ambassadors.

May: Due to the Covid-

19 situation we were not able to provide face to face programming. Our Dinner Tonight event was canceled but we were able to provide Dinner Tonight recipe demonstration videos in collaboration with the Zapata CISD Child Nutrition Department. We provided 3 recipe demonstrations via Facebook.



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May: Due to the Covid-19 situation the annual 4H scholarship ceremony was done with a drive thru event. 4H leaders handed out awards to 4H youth as they passed by with their vehicles.



July: Health Agent supported DSHS with contact tracing due to the Covid-19 pandemic.



August: Awarded all 6 Zapata CISD campuses with their Healthy South Texas School Recognition Awards. All 6 schools received a banner, plaque, and a proclamation for

their success by providing Healthy South Texas programs at their respective campuses with their staff and students.



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September: Hosted the first

Healthy South Texas Coalition meeting of the year. Due to the Covid-19 pandemic the meeting was done virtually via

Zoom.

October: For World Mental Health

Awareness Day on October 12 the Healthy South Texas Youth Ambassadors created a Mental Health Awareness video to provide via social media to their peers and the community.



November: Provided a virtual Cooking Well with Diabetes program in collaboration with

Duval, Jim Hogg, and Kleberg—Kennedy County Health Agents. We had a total of 16 participants and provided weekly lessons and

healthy recipe cooking demonstrations.

December: Healthy South Texas Youth Ambassadors helped with a park assessment so they can work towards a future project. We

are hoping we can start a community committee to start talking about safe routes to school and parks in Zapata. 4H youth hosted their Annual Blanket drive.

