



### **4-H & Youth Development**







5 Food Show Contestants

1 Senior Food Challenge Team



### **\*\*** Enrollment: **\*\***

4-H Club Members: 367

4-H Adult Volunteers: 91

4-H Youth Volunteers: 53

School Curriculum: 80

Special Interest: 65







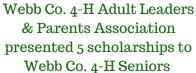
Collaborated with South Texas Blood

and Tissue Center Laredo Mall del Norte 102 Donations

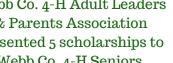




















Webb 4-H Officer Training



#### **Curriculum Enrichment**

**Community Center Summer Camps** Balancing Food and Play Curriculum 200 Youth







### **Agriculture & Natural Resources**

### **Growing & Nourishing Healthy Communities**

14 participants attended a 6 week course GROWING and NOURISHING

- constructed 5 garden beds
- Pre and Post surveys results indicate that participants had an increase in gardening knowledge & an increase in vegetable avalability.

Partnership with Better Living for Texans Program

- Cooking demonstrations on a weekly basis (Valeria Arredondo)



#### **HST Water Well Screening**

- Over 100 samples submitted
- Multi-county Healthy South Texas Collaboration: 8 South Texas Counties
  - Supports Water Quality educational efforts for HST Initiative
  - Screening at no cost to particpants



#### Zika Education Outreach

- Over 1000 contacts in 2018
- Operation Lone Star (Health Fair)
- Zika Health Fair



### Learn, Grow, Eat &Go! **Teacher In-Service**

- 16 U.I.S.D. Schools participated
- Over 90 teachers participated in the teacher in-service
- Over 1500 youth enrolled in LGEG
- over 60 garden beds across the participating campuses









- 15 youth participated in Beef & Lamb Summer Camp
- First Lamb/Goat & Beef Explore guides use
- Youth had fun and hands-on learning experiences with a particular project or activity.



#### 2018 Webb Extension/WSWCD Ranch Tour

Workshop hosted at L&F Distributors. Over 60 producers were in attendance. Agenda wildlife topics such as: Patterns in Deer Body and Antler Size in South Texas: Genetics vs. Nutrition, Wildlife Habitat Management Planning: Knowing your plants and Texas Park & Wildlife Department Permit Program.







## Family and Community Health









Webb County became the first to implement the Dinner Tonight Jr. curriculum with Clark Elementary - the 1st school in Texas to receive the Healthy South Texas Recognition. With 84 parents in attendance and 40 students delivering educational stations, the program because the jumping point for other schools in United 1S.D.

A total of 15 4-H members went through the 1st ever Food & Nutrition summer camps in June where they completed the 4-H Explore Guide for Cooking in the Kitchen throughout the week and got to experience cooking different foods. Webb County also had 1 Food Challenge team and 4 Food Show participants compete at a district level for Food Show & Food Challenge District Events.

On July, 16 United 1.S.D. schools went through a state-recognized training for Learn, Grow, Eat & Go through the partnership between U.1.S.D.'s G.T. program and Extension. This lead to 16 schools - elementary and middle school - with over 1,500 students completing the curriculum.









In August, Dinner Tonight: Path to the Plate was hosted by AgriLife Extension and L1.F.E. to promote researched-based information about where our food comes from. Led by the Webb County Healthy South Texas Youth Ambassadors and with 80 people in attendance, the program closed the 2018 fiscal year.

In September-December, nine United 1.S.D. schools completed a variety of programs including: Maintain No Gain (50 participants), Dinner Tonight (400), Dinner Tonight Ir. (170), Walk Across Texas (6,000), and Learn, Grow, Eat & Go (1,534). These schools are eligible for the Healthy South Texas Recognized School Campus. The remaining 7 schools are actively working for their recognition.

Throughout the year, the BLT program visited over 60 sites in Webb County and graduated 457 community participants in programs like A Fresh Start to a Healthier You and Walk And Talk





# **Family Consumer Science**

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