EFNEP, the Expanded Food and Nutrition Education Program, provides food and nutrition education for limited resource families with young children through the Texas AgriLife Extension Service, with funding from USDA. In 2010, EFNEP programs assisted Texans in Bexar, Cameron, Dallas, El Paso, Harris, Hidalgo, Nueces, Tarrant, Travis, Webb, and Willacy Counties.

EFNEP nutrition assistants help low-income families and youth acquire the knowledge, skills, and changed behaviors necessary for nutritionally sound diets and to contribute to their personal development and the improvement of total family diet and nutritional welfare.

Webb County EFNEP nutrition education assistants teach in homes, schools, churches and community agencies.

In 2009, 43.6% of Webb County youth lived in poverty.